

# Student's guide



# Few actions to fight racism



Even if a lot of Europeans are demanding national security through a plan of restrictive asylum policies because influenced by the spread populist wave of anti-foreigner sentiment, we strongly believe that assessing the relations between refugees law and human rights law is essential in order to define national identity. So let's hope Europe will be worthy of its reputation and democracy.

# Few actions to fight racism

Thanks to the Erasmus+ project we had the possibility to understand all the issues that migrants have to face.

Our way of seeing migrants and how European policy "helps" them has totally changed.

As citizens we now react differently and explain inhabitants how those people really feel and why they have come to our cities.

We want that all people know that refugees are as human as we are.

That's why we want to help migrants and we have created this guide.

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We are more sensitive to the violation of human rights, especially of migrants' rights, and we want to bring about changes and to improve their integration, starting from integration at school in special classes where they can study languages and tell us their stories.



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We think it is important to promote intercultural education in schools to help children know there's something different from themselves which is not “wrong” or “strange”.





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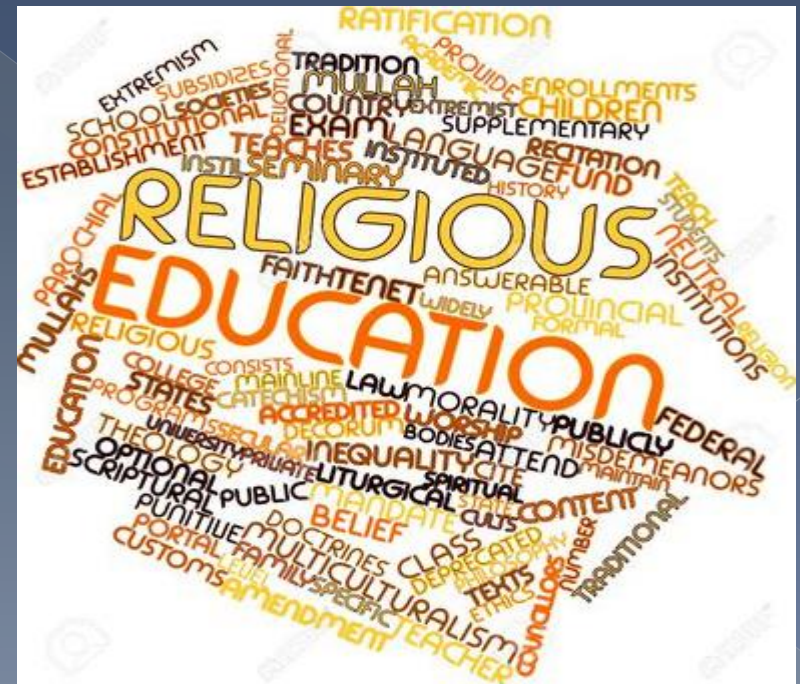
Also, as students we would suggest schools to carry out anti-discrimination projects, such as our “Erasmus +” project, to help marginalised groups against social exclusion and to introduce multicultural and multilingual classrooms for a more inclusive society.

Migrants can bring a multitude of linguistic and other skills to classrooms. They are a potential asset to schools, society, and all of us. Schools must make best use of this potential.



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And we also consider important to provide a religious education which includes all types of faiths to show their differences and similarities.



# Few actions to fight racism

**“You fear what you don’t know”**

OUR SUGGESTIONS  
in the following pages!



# Few actions to fight racism

- ❖ **Become conscious** of your inner racist prejudices caused by culture and society. **Try to reject them.**
- ❖ **Know your own conscious or unconscious feelings:** Every person has stereotypes about people of other races. Think about what stereotypes (i.e. exaggerated beliefs, images, or distorted truth about a person or group) you may have and ways you may be discriminating.



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- ❖ **Educate yourself:** Read as much as you can about race relations, and ways to reduce racism. Read books, listen to music, and watch movies about other cultures as well. Learn about current happenings.
- ❖ **Write down your stereotypes and biases:** Pick groups that you have stereotypes about and write down your opinions about each of these groups. Be completely honest with yourself. Once you have everything written down, write down where these ideas came from.

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- ❖ **Be curious, don't be scared.** Try to get in contact with people that are coming to your country and learn something about them and their culture.
- ❖ **Support and attend events that celebrate different cultures:** Most cities have cultural festivals and events. These events are a great place to learn about different cultures and interact with people from that culture. Invite your friends and family to go with you as well.

Culture is something that  
unites people.

— ANASTASIYA O., RUSSIA



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- ❖ We're all part of the same "organism" but not everyone understands it.  
Learn to know cultural diversities.
- ❖ **USE KNOWLEDGE AS A WEAPON AGAINST RACISM.**



# Few actions to fight racism

- ❖ **Listen** to people who are victims of personal and systemic racism in your community. **Give credit to their stories. Get involved with a local, national, or international organization:** Many organizations are dedicated to working towards these issues. Joining or supporting one of these organizations is another method you can use.





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- ❖ Denounce anything wrong around you.  
**Indifference is never a good choice.**



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- ❖ **Step inside when you see racism occurring (safely):** Have conversation about what led you and the others to have racist beliefs. **Speak up then if you see racism in action:** If you hear someone use racial slurs, make a racial joke, or mistreat people because of their race, step in, say something. You might be afraid of someone who is openly hostile, but think about how the other person feels.



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**Join an Anti-Racism group.**  
Fighting in a group is better  
than alone.

Learn about the  
racism that occurs  
where you live.



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- ❖ **Vote** for candidates that have ending racism in their political priorities and that intend to integrate them in our countries with **social inclusion programs**.



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They should also establish a common European procedure for **asylum applications**, offer alternative solutions to **long journeys**, create **job opportunities** in the countries of origin, **invest** in the countries of origin of migrants.





# Few actions to fight racism

- ❖ In conclusion, **demonstrate your humanity**. Do your best to support people who need your help.
- ❖ Everything that **happens to humans is your business!**



**Fight racism in all of its forms**

**Become a defender of humanity and  
justice**